

TICKTON PRIMARY SCHOOL: AUTUMN FIRST HALF TERM 2024

Week 1-Weeks commencing 02/09/24, 23/9/24, 14/10/24				
<p align="center"><u>Monday</u></p> <p>*Meatballs *(V) Vegan Plant Balls Garden Peas Boiled Rice</p> <p>*Shortcake, Sultanas & Custard Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Tuesday</u></p> <p>*BBQ Chicken Wrap (V) Quorn Wrap Boiled Rice Sweetcorn</p> <p>*Frosted Chocolate Cake Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Wednesday</u></p> <p>*Roast Gammon (V) Quorn Vegan Fillet Roast Potatoes Yorkshire Pudding Carrots, Peas & Gravy</p> <p>*Chocolate Crackle Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Thursday</u></p> <p>*Chicken Piece Tomato & Basil Sauce Pasta Twists Garden Peas *(V) Jacket Potato & Beans Crusty Bread</p> <p>*Jelly & Fruit Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Friday</u></p> <p>*Crispy Crumb Fish Fingers *(V) Vegan Vegetable Fingers Chunky Chips Garden Peas</p> <p>*Melting Moment Biscuit & Milkshake Fresh Fruit Low Fat Yoghurt</p>
Week 2-Weeks commencing 09/09/24, 30/09/24, 21/10/24				
<p align="center"><u>Monday</u></p> <p>*(V) Cheese & Tomato Fully Loaded Pizza Pockets Shoestring Fries Garden Peas</p> <p>Waffle & Ice Cream Fruit Cocktail Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Tuesday</u></p> <p>*Spaghetti Bolognaise *(V) Tomato Pasta Sweetcorn</p> <p>*Iced Vanilla Cupcake Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Wednesday</u></p> <p>*Pork Sausage *(V) Quorn Sausage Mashed Potatoes Carrots or Garden Peas Stuffing Gravy</p> <p>*Chocolate Cookie & Mandarins Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Thursday</u></p> <p>*Chicken Piece *(V) Quorn Fillet Sweet & Sour Sauce Boiled Rice Peppers or Sweetcorn</p> <p>*Iced Lemon Sponge & Cream Low Fat Yoghurt Fresh Fruit</p>	<p align="center"><u>Friday</u></p> <p>*Battered Fillet of Fish *(V) Cheese & Onion Roll (Vegan Option Available) Chunky Chips Baked Beans</p> <p>*Chocolate Crunch & Custard Fresh Fruit Low Fat Yoghurt</p>
Week 3-Weeks commencing 16/09/24, 07/10/24,				
<p align="center"><u>Monday</u></p> <p>*Chicken Nuggets *(V) Quorn Vegan Nuggets Potato Wedges Sweetcorn</p> <p>* Flapjack & Sultanas Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Tuesday</u></p> <p>*Sausage Pattie *(V) Quorn Pattie Served in a Burger Bun Baked Beans Hash Browns</p> <p>*Chocolate Sponge & Custard Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Wednesday</u></p> <p>*Roast Chicken *(V) Quorn Vegan Fillet Oven Roast Potatoes Sage & Onion Stuffing Garden Peas or Carrots Gravy</p> <p>*Iced Cornflake Special & Milkshake Fresh Fruit or Low Fat Yoghurt</p>	<p align="center"><u>Thursday</u></p> <p>*Cheeseburger Style Pasta *(V) Tomato Pasta Crusty Roll Sweetcorn</p> <p>Vanilla Ice Cream & Peaches Fresh Fruit Low Fat Yoghurt</p>	<p align="center"><u>Friday</u></p> <p>*Crispy Fish Bites *(V) Cheese Panini (Vegan Cheese Available) Chunky Chips Garden Peas</p> <p>*Jam Bun Fresh Fruit Low Fat Yoghurt</p>

A Fresh Seasonal Salad Will Be Available Daily

A Daily Selection Of Fresh Fruits & Yoghurts Will Be Available

Please Note:- Special Dietary Requirements can be catered for, please contact your school for details.

It may be necessary to change the menu without prior notice

* denotes dishes that are freshly cooked or made in the kitchen

All Sauces will be served separately so children have the option. Vegan Cheese will be used when cheese is offered.