

TICKTON PRIMARY SCHOOL: APRIL TO OCTOBER TERM MENUS

Week 1-Weeks commencing 21st April, 12th May, 9th June, 30th June, 21st July, 15th Sept, 6th Oct				
<u>Monday</u> Chicken Piece or Vegetable Fingers (v) Tortilla Wrap Barbeque Sauce Potato Wedges Sweetcorn Shortcake & Custard Fresh Fruit Low Fat Yoghurt	<u>Tuesday</u> Ham, Tomato & Mascarpone Bake Pasta Twists Garden Peas or Jacket Potato Beans & Cheese (V) Chocolate Brownie Fresh Fruit Low Fat Yoghurt	<u>Wednesday</u> Roast Gammon (V) Quorn Vegan Fillet Roast Potatoes Yorkshire Pudding Carrots, Peas & Gravy Ice Cream Roll & fruit Fresh Fruit Low Fat Yoghurt	<u>Thursday</u> Italian Style Meatballs or Vegan Plant Balls Tomato and Basil Sauce Steamed Rice Sweetcorn Bakewell Tart & Cream Fresh Fruit Low Fat Yoghurt	<u>Friday</u> Salmon Fish Fingers or Cheese Panini Chunky Chips Garden Peas Melting Moment Biscuit & Sultanas Fresh Fruit Low Fat Yoghurt
Week 2-Weeks commencing 28th April, 19th May, 16th June, 7th July, 1st Sept, 22nd Sept, 13th Oct				
<u>Monday</u> Beef burger or Vegetable Burger Served in a Bread Bun Hash Brown Baked Beans Chocolate Mousse and Squirry Cream Fresh Fruit Low Fat Yoghurt	<u>Tuesday</u> Chicken Piece or Quorn Fillet Steamed Rice Tomato and Basil Sauce Vegetable Medley Vanilla Cheesecake and Mandarins Fresh Fruit Low Fat Yoghurt	<u>Wednesday</u> Chicken Piece (V) Quorn Sausage Oven Roast Potatoes Carrots or Garden Peas Stuffing Gravy Summer Cupcake Fresh Fruit Low Fat Yoghurt	<u>Thursday</u> Italian Style Bolognese or Veggie Mince Bolognese Pasta Twists Sweetcorn Strawberry Jelly & Summer Fruits Low Fat Yoghurt Fresh Fruit	<u>Friday</u> Breaded Fish Stars Vegan Quorn Nuggets Chunky Chips Garden Peas *Chocolate Crunch Fresh Fruit Low Fat Yoghurt
Week 3-Weeks commencing 5th May, 2nd June, 23rd June, 14th July, 8th Sept, 29th Sept, 20th October				
<u>Monday</u> Cheese & Tomato Pizza Shoestring Fries Sweetcorn Chocolate Wellington Fudge & Cream Fresh Fruit Low Fat Yoghurt	<u>Tuesday</u> Minced Beef Bolognese Boiled Rice or Tomato Pasta Garlic Bread Vegetable Medley Iced Strawberry Smoothie Fresh Fruit Low Fat Yoghurt	<u>Wednesday</u> Roast Chicken (V) Quorn Vegan Fillet Oven Roast Potatoes Stuffing Garden Peas or Carrots Gravy Vanilla Buttercream Iced Cupcakes Fresh Fruit or Low Fat Yoghurt	<u>Thursday</u> Pork Sausage Sandwich or Quorn Sausage Sandwich Baked Beans Potato Wedges Flapjack, Sultanas & Custard Fresh Fruit Low Fat Yoghurt	<u>Friday</u> Jumbo Fish Finger or (V) Crispy Vegetable Fingers Chunky Chips Garden Peas Chocolate Crackle Fresh Fruit Low Fat Yoghurt

A Fresh Seasonal Salad Will Be Available Daily A Daily Selection Of Fresh Fruits & Yoghurts Will Be Available

Please Note:- Special Dietary Requirements can be catered for, please contact your school for details.

It may be necessary to change the menu without prior notice

All Sauces will be served separately so children have the option. Vegan Cheese will be used when cheese is offered.